

Answer: Julia Child

This is a product tiles puzzle (being between 16 and 17, and being a history tour). So if you went out to the product tiles and figured out how the "subway map" corresponded to the tiles, with water being the splits between tile sections, and each stop on the lines being a separate tile... you'd be able to follow the instructions and stop at the following places. Taking the date on each product tile, where the day of the month corresponds to a letter with A being 1 and 26 being Z and the 27-31 being nothing (so something released on Feb 1, 1998 would be an A, for example) you would get the following letters from the following "subway stops":



R

Looking at the square that makes the transfer station between the Green and Red lines, you'll find "Microsoft Julia Child: Cooking With Master Chefs", so the person there is Julia Child.